



**PACA & TUBMAN
HOUSES**

Choosing a Meal Plan

A guide to choosing a meal plan when living with Paca & Tubman!

**CHOOSING A MEAL PLAN CAN BE HARD WORK! LET US GIVE
YOU A HAND.**

**MEAL PLANS ARE NOT REQUIRED WHEN LIVING IN CAPSTONE
PROPERTIES. FOR THIS REASON, YOU CAN CHOOSE ANY MEAL
PLAN THE UNIVERSITY OFFERS! LET US HELP YOU NAVIGATE
YOUR CHOICES.**

****NOTE: MEAL PLANS ARE NOT AVAILABLE THROUGH CAPSTONE. THEY MUST BE
PURCHASED THROUGH TOWSON UNIVERSITY'S DINING SERVICES****

(2019-2020 Academic Year)

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Flex Plans:

*Prices for the 2019-2020 academic year, and are per semester.

- **Unlimited Meals per week with \$50 in Dining Points \$3200**
- **19 Meals per week with \$50 in Dining Points \$3000**
- **14 Meals per week with \$50 in Dining Points \$2700**
- **10 Meals per week with \$50 in Dining Points \$2450**

(Please note: Flex dining plans will NOT carry over from week to week. Meals start on Friday mornings and end on Thursday nights. Each meal plan also comes with 4 free guest passes which can be used at any ‘Dining Hall’ location.)

Block Plans:

BLOCK PLANS: Good through the fall and spring semesters

*Prices for the 2019-2020 academic year

- **100 Meals with \$75 in Dining Points \$1100**
- **75 Meals with \$75 in Dining Points \$885**
- **50 Meals with \$75 in Dining Points \$650**
- **25 Meals with \$75 in Dining Points \$395**

(Please note: Block dining plans are for the entire academic year. Meals not used in the fall semester can be used by the end of the spring semester. No meals are lost in a one-week period. If you use all your meals before the end of the year you can buy another Block Plan.)

What Are Dining Points?

Dining points are great when you want something small – usually items costing less than \$5. (Using a full meal to get something that small would not be good use of your meals.) Dining points work as a declining balance/debit account. Additional points may be added anytime on the OneCard website or at the Auxiliary Services Business Office. Unused Dining Points roll over from one semester to the next and year to year, so long you remain a student at Towson University. Another advantage to purchases made using Dining Points: pay no sales tax, a 6% savings!

Need to sign-up for a meal plan? Click here!

- [Unsure of what meal plan to sign up for? Click here to take a survey that will guide you towards the perfect meal plan for you!](#)
- [Click here for Dining Hall & Al La Carte hours.](#)
- [Click here to see how many meals, dining points, or retail points are available on your onecard. You may also edit/add to your meal plan here.](#)

Daily Meal Deals!

Daily Meal Deals					
YUM!					
	MON	TUES	WED	THUR	FRI
SUSQ	Cheese Pizza Asparagus Roll & Fruit Turkey BLT & chips/fruit Mama Mia Salad Grilled Chicken Sandwich & chips/fruit 1/4lb Cheeseburger & chips/fruit	Sausage Pizza Crab Salad Roll Tuna Salad Sandwich & chips/fruit Veggie Delight Salad Chicken Cheese Steak & chips/fruit 1/4lb Cheeseburger & chips/fruit	Chicken Pizza Cucumber Roll & Fruit Chicken Salad Sandwich & fruit/chips Mediterranean Salad Turkey Burger & chips/fruit 1/4lb Cheeseburger & chips/fruit	Pepperoni Pizza California Roll Peppered Bacon BLT & chips/fruit Romano Salad Chicken cheeseburger & chips/fruit 1/4lb Cheeseburger & chips/fruit	Veggie Pizza Avocado Roll & Fruit Chutney Chicken Sandwich & fruit/chips Mexi-Call Salad Philly Cheesestakes & chips/fruit 1/4lb Cheeseburger & chips/fruit
PTUX	Rice Bowl w/Chicken Meatball & Marinara & breadstick Chicken Salad Melt & chips/fruit	Beef Burrito Chicken Broccoli Alfredo Classic Melt & chips/fruit	3 Soft Shell Beef Tacos Vegetable Primavera Tuna Melt & chips/fruit	Chicken Quesadilla Chicken with 1 vegetable, Rose Sauce & breadstick Mac n Cheese Melt & chips/fruit	Chicken Burrito Chicken Alfredo & breadstick Fried Chicken Melt & chips/fruit
DEN	Chopped & Wrapped: Large Salad 3 toppings Mangiano: Meatball Sub Fusions Grill: 3 Hard or Soft Tacos	Chopped & Wrapped: Small Caesar Salad w/ Chicken Mangiano: 2 Slices Cheese Pizza Fusions Grill: 6" Cheeseburger Sub & Chips/Fruit	Chopped & Wrapped: Small Salad 3 Toppings, Small Soup Mangiano: Pasta & Sauce & Breadstick Fusions Grill: French Connection Grilled Cheese & Chips/Fruit	Chopped & Wrapped: Small Salad With Beef Mangiano: 1 Specialty Slice & Vegetable du jour Fusions Grill: 6" Cheesesteak & Chips/Fruit	Chopped & Wrapped: Small Salad 3 Toppings, Small Soup Mangiano: 2 Slices Cheese Pizza Fusions Grill: 6" Fish Sub & Chips

All Meal Deals come with your choice of fountain beverage.
All chips are homemade chips. All fruit is 1 piece of whole fruit.
Meal Deals are for meal plan participants only at 1 meal exchange, no cash value.

FOR INFORMATION ON SIGNING-UP FOR A MEAL PLAN VISIT
TOWSON.EDU/DINING OR CALL 410.704.5409

Meal Cash Allowance

WANT TO OCCASIONALLY DINE IN A RETAIL LOCATION? MEALS HAVE A CASH VALUE SO YOU CAN PAY FOR FOOD IN ALL A-LA-CARTE LOCATIONS!

- If you choose to spend your meals somewhere other than the dining halls, you may ‘exchange’ your meal for a cash value at any of the a-la-carte locations. The cash allowance amount is \$6.00 during all meal periods.
- **For example:** If you were to go to the Susquehanna Food Court during lunch hours and get a slice of pizza, salad and a soda and for a total of \$6.59, you have the option to pay with meals or points. After using one meal (worth \$6.00), you would still owe \$.59 which you can then pay in points. You also have the option of using another meal or cash to make up the difference.
- **Please note:** Unlimited meal plan users will be allotted 1 meal per day to exchange - these meals will not roll over. Let the cashier know at the time of transaction how you choose to pay: using meals, points or cash.

Up to four unused meals on any given week may be used on Thursday at Outtakes. **Up to two (of the four)** may be donated to the Campus Food Insecurity Fund.

Meal Period Cash Equivalency	
Breakfast (7-11am)	1 meal swipe = \$6.00
Lunch (11am-4:15pm)	1 meal swipe = \$6.00
Dinner (4:15-11:30pm)	1 meal swipe = \$6.00

****MEALS ARE NOT ACCEPTED AT PAWS FROM 10:30 A.M - 4:00 P.M, STARBUCKS PRIOR TO 4:00 P.M, OR AT REC FUEL ALL DAY.****